Centacare CQ Friends GROUP MACKAY

ACTIVITIES FOR May 2022

SESSION ACTIVITY	DATE	TIME	LOCATION	PLEASE BRING
Lighthouse Lunch CCQ Friends Group would like to invite those interested to enjoy a delicious lunch at Lighthouse Seafood Mackay overlooking the harbour.	03/05/2022	11:30am-01:30pm	Lighthouse Seafood Mackay 1 Mulherin Drive MACKAY HARBOUR QLD 4740	Money for your meal
Mental Health Information Session CCQ Friends Group would like to invite those interested, to a Mental Health and Wellbeing information session facilitated by a guest speaker from the Mackay Base Hospital.	10/05/2022	09:30am-11:30am	Conference Room Centacare CQ Office 58 Sydney Street MACKAY QLD 4740	
Queens Park Orchid House CCQ Friends Group would like to invite those interested, for a walk through the Orchid House at Queens Park followed by a morning tea in the park.	17/05/2022	09:30am-11:30am	Queens Park EAST MACKAY QLD 4740	Hat/sun protection Mobility equipment
Beach BBQ CCQ Friends Group would like to invite those interested, to join us for a BBQ lunch by the beach.	24/05/2022	11:30am-01:30pm	Lamberts Beach Pacific Esplanade MACKAY QLD 4740	Hat/sun protection Mobility Equipment

To confirm your attendance or any required transport please contact CCQ Friends Group Lead **Courtney Vanderpool** on **4977 4199.**